

Joanne McHugh in a Paragraph

Joanne McHugh is the mom-on-call, dispensing wit and wisdom for facing the minor struggles and the major challenges of young adulthood. In her book, *Things Your Mother Should Have Told You*, McHugh shares candid tales from her young adult life—including all the behind-the-scenes stuff most people edit out of their highlight reels—and throws in a few laughs in hopes of helping to reduce anxiety about adulting. Joanne lives in the Philadelphia suburbs with her husband of thirty years, a Labrador retriever, a couple of cats, and three grown children who are occasionally in residence.