



Joanne McHugh

WITTY GUEST TACKLES ALL THE HOW-~~THE-HELL-IS-THIS-GOING-TO-WORK~~ DILEMMAS YOUNG ADULT WOMEN FACE

EVERYTHING FROM CAREERS TO RELATIONSHIPS TO WEDDINGS TO MOTHERHOOD

ABOUT JOANNE

McHugh is no stranger to the struggles associated with building a life that has it all—a career, marriage, and children.

McHugh was a wayward accounting major who eventually found her way to a career in marketing.

After a less than stellar dating career, she managed to find “The Guy” and has been happily married for 30 years.

Although she postponed having kids because she had no idea where she was going to put the baby, she eventually figured it out (even though her first child had her pondering if it was possible to return early from maternity leave).

McHugh feels bad that young women today face more pressure than ever to have it all—even though nobody explains exactly how to pull that off. She's giving 20- and 30-somethings the lowdown about what putting your adult life together really looks like. Call it mom-sense.

CONTACT



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These days, it's more complicated than ever for women to assemble lives with everything they want—love and marriage, a career, and children. And dealing with pivotal experiences like finding your first job, getting married, and having a baby isn't as easy as conventional wisdom would have you believe. Yet even our own mothers don't talk about things like:

- How do you find your dream job when you don't know what you want to be when you grow up?
- How do you know if that special someone is the one?
- How can you tell if you are ready to be a parent?
- How do you fit all the pieces of a grown-up life together without becoming an anxiety-ridden mess?

Enter Joanne McHugh, the mom-on-call, dispensing wit and wisdom for facing the minor struggles and major challenges of adulthood. Her forthcoming book, **Things Your Mother Should Have Told You**, offers a guide to navigating life as a grown-up.

STORY IDEAS

- **Beware of mauve napkins:** What no one ever tells you about planning a wedding
- **What happens after the wedding limo drives away:** How to play the newlywed game to win
- **If only I knew where we'd put the baby:** How to figure out if you're really ready to become somebody's mother
- **Is it wrong to return early from maternity leave?** Coping tips for surviving the first three months with your newborn
- **Having it all—Myth or reality?** Can you really have a career, marriage, and children without losing your mind?
- **How to create 'Camp Fend for Yourself' at your house:** Strategies for running a household you won't mind living in
- **Things your grown children wish you would tell them:** How sharing stories from your own life can help them